



# Hope for Tomorrow

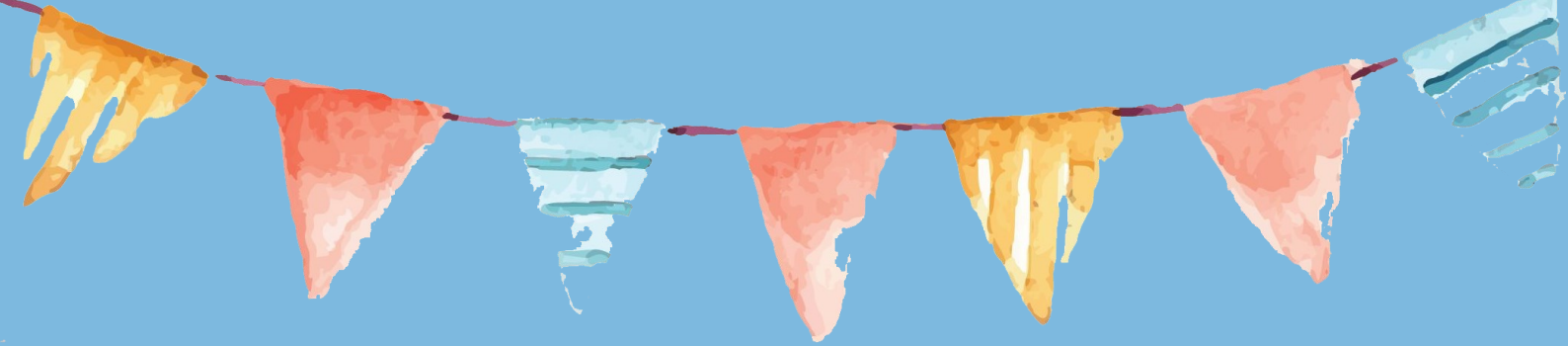
Bringing cancer treatment closer to home

# Pack a hamper for Hope

## National Picnic Week

### 15th to 24th June 2018





**The British summertime picnic is a longstanding tradition which brings together friends and family for a spot of alfresco (or even in the office) dining in the park, playground or the comfort of your own garden!**

This is your guide to putting together a perfect picnic for National Picnic Week which is taking place 15th to 24th June 2018, all whilst raising funds and awareness for a great cause!

Whether you are planning with your friends, family/ loved ones at the park, the comforts of your own garden, or even your colleagues at work for an office based picnic - it really is something for everyone to get involved in!

To get the fundraising started, here are a couple of ideas:

- Ask anyone who attends to make a small donation
- If there are any games/ activities taking place, ask people to make a donation to take part
- Set up a JG page and invite everyone you know to make a donation, even those who can't make the picnic
- Set up a fundraising raffle for extra donations

#### **Did you know...**

£3 a month could cover the costs for an MOT for one month on a Nurses Support Vehicle, which we provide for the MCCU nurses use to get to and from the daily treatment locations? This goes to show that no matter how small or large the donation, they all make such a difference to cancer patients.

In this guide you will find information on the following:

Picnic spots, activity ideas, check list and more...

Happy picnicking!



# Where to go...

The UK has so many beautiful places to choose from that you can be spoilt for choice, so we have put some ideas together for you.

Whether you are looking for a calm lakeside or a park to run around and play sports in, trust us...these suggestions won't disappoint! If you don't have time to visit, why not just do it in the comfort of your own home or office?

The locations are based on where our MCCUs visit.

Please note; some of the locations listed may charge for parking. Please check this when planning your picnic

## Gloucestershire

Pittville Park  
Cannop Ponds  
Coaley Peak

## Somerset

Brean Down, Brean  
Glastonbury Tor  
Wimbleball Lake, Dulverton

## South Wiltshire

Westbury White Horse and Bratton Camp  
Savernake Forest  
Stonehenge Landscape

## Hampshire

Staunton Country Park  
Salterns Field, Hill Head  
New Forest, Balmer Lawn

## East Kent

Grove Ferry Picnic Site  
Penshurst Place & Gardens  
Botany Bay

## Lincolnshire

Hubbard's Hills  
Chambers Farm Wood  
Bourne Eau

## Cornwall

Kynance Cove, The Lizard Peninsula  
Cardinham Woods, Bodmin  
Lost Gardens Heligan, Mevagissey

## West Suffolk

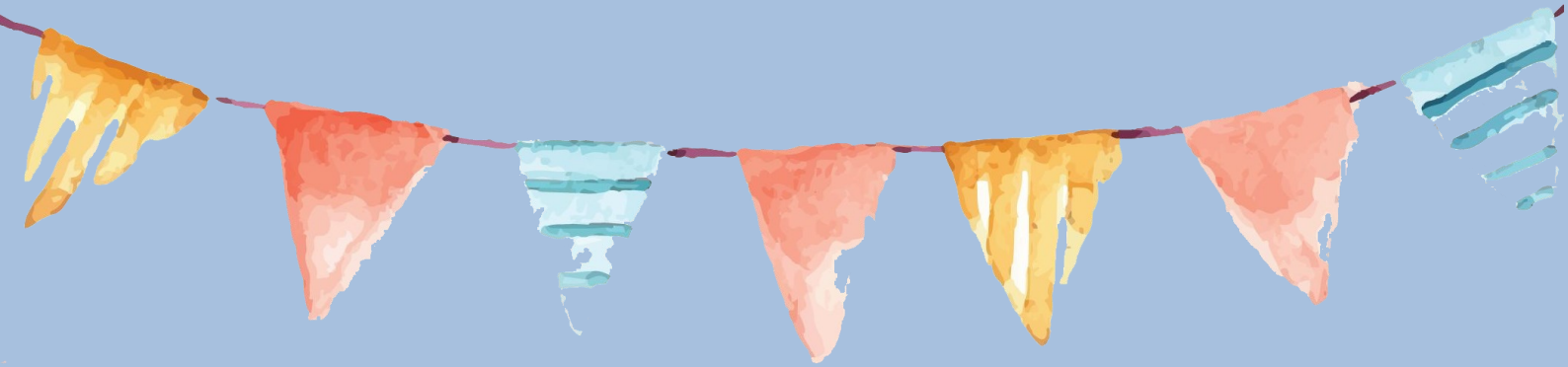
Covehithe Beach  
Rendlesham Forest  
Nicholas Everitt Park, Oulton

## East Essex

Dedham Vale  
Hedingham Castle  
Belhus Woods Country Park

## London/ Surrey

Virginia Water Surrey  
Wandsworth Park  
Hampstead Heath



## Themes

- Teddy bear picnic
- Afternoon tea
- Nostalgia
- Fancy dress
- Alice in Wonderland
- International foods

## Activities

- Frisbee
- Tug of War
- Football
- Rounder's
- Croquet
- Treasure Hunt

## Picnic Checklist

- Easy to eat foods
- Cool box
- Drinks
- Condiments
- Sun cream
- Cups and plates
- Rubbish bags
- Paper towels
- Picnic blanket
- Football/ games
- Napkins
- Utensils





*Your invitation to a*  
**Summertime Picnic**

*Date and Time*

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*Location*

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*Hosted By*

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*Please bring*

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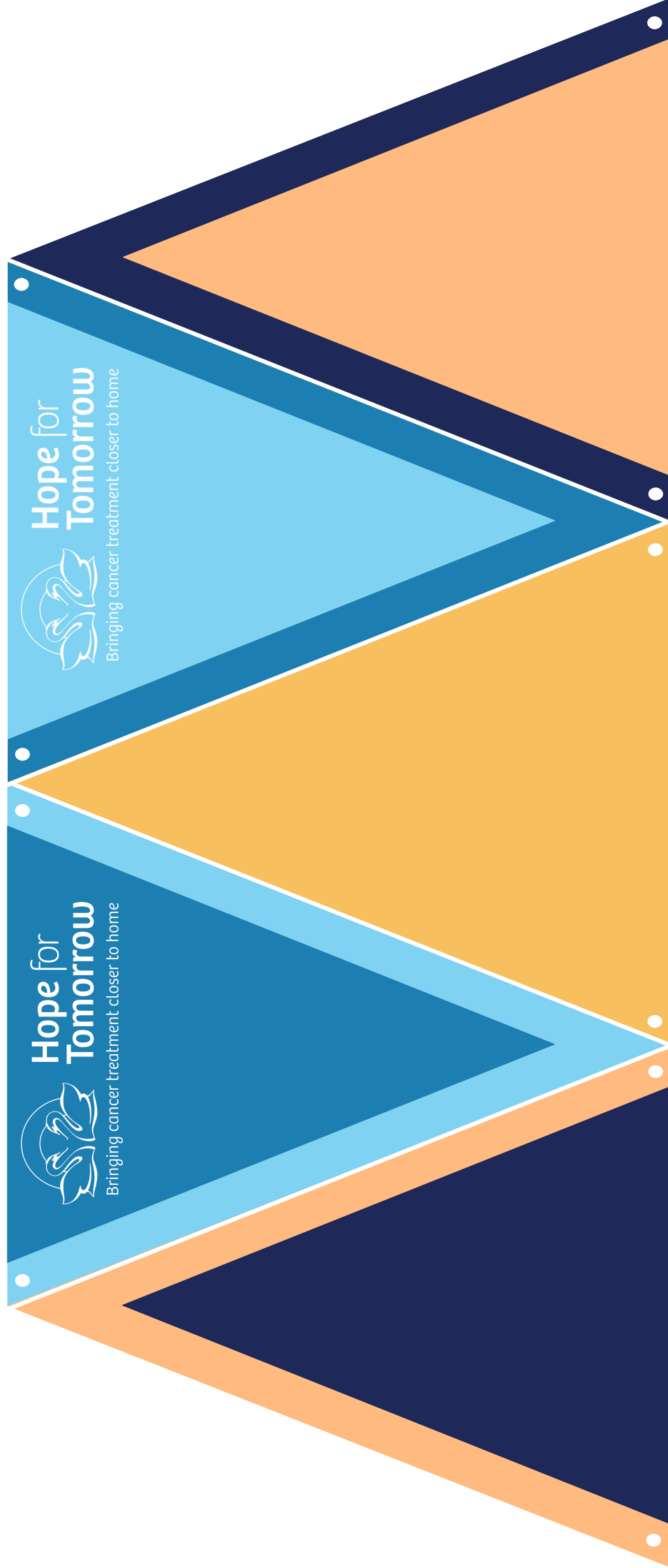
*R.S.V.P*

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This picnic is in aid of fundraising and awareness for  
**Hope for Tomorrow**

# Bunting

1. Cut along the white lines (ask an adult to help if needed)
2. Thread ribbon through the white holes in the corner of each bunting piece and tie a knot at each end to secure.
3. Your bunting is now ready to hang.





# *Paying in your donations*

1. By BACS Transfer  
Sort Code 18-00-02 Account Number 02710749
2. Cheque - Please make it payable to 'Hope for Tomorrow' and send it to:  
Hope for Tomorrow, Kingscote, Priory Park, London Road, Tetbury,  
Gloucestershire, GL8 8HZ
3. Over the phone - Please call us on 01666 505055 and a member of the  
team will take your card payment over the phone
4. Pay in at any NatWest/ RBS branch - please request a paying in slip from us
5. Pay in via our website - [www.hopefortomorrow.org.uk](http://www.hopefortomorrow.org.uk)
6. Just Giving - Set up a Hope for Tomorrow Just Giving fundraising page at  
[www.justgiving.com](http://www.justgiving.com)

*We hope you have a lot of fun holding your picnic fundraiser and if you need any further assistance, please do get in touch with us.*

*All that we ask is you have fun and send us a photo so we can put it on our social media (do remember to pick up your rubbish at the end!)*

*From all the team at Hope for Tomorrow*





# THANK YOU FOR YOUR SUPPORT!



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