

Giving with Confidence

We know that when you make a donation, whichever charity you support, you will want to know that the organisation is committed to best practice and that they are responsible in the way that they fundraise and are dedicated to honesty and accountability.

We respect your privacy and if you no longer wish to receive our newsletter or to be contacted by Hope for Tomorrow, please let us know, and we will update our records accordingly.

> Thank you from all the team at Hope for Tomorrow.

We couldn't do what we do without you.



To donate

ONLINE:

www.hopefortomorrow.org.uk

Text HOPE to 70660 to donate £5

Text costs £5 plus network charge. Hope for Tomorrow receives 100% of your donation. Please obtain bill payer's permission. Customer care 01666 505055. Charity No 1094677.

BY PHONE: All major credit cards accepted except Diners. Please telephone us on 01666 505055 to make a donation.

BY POST: Please make cheques payable to Hope for Tomorrow and send to our office address below.

For more information on how to donate, please see page 12.

To get in touch...

Call us on: 01666 505055

Send us an email at: info@hopefortomorrow.org.uk

Write to us at:

Hope for Tomorrow, Kingscote, Priory Park, London Road, Tetbury, Gloucestershire GL8 8HZ





Bringing cancer treatment closer to home

Tomorrow's News















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Charity Update



In this newsletter I wanted to take this opportunity to tell you about my journey from carer, to the founder of a charity, to a patient myself. I have learnt so much along the way and I would like to share a little with you.

CARER

David, my husband, and I had many happy years' running a successful business in motor racing management and art. When David was first diagnosed with cancer in 2001, I continued to run the business but also became his carer. Although I took on this role happily, I probably hadn't been prepared for all that it entailed.

FOUNDER

After I lost David, I started Hope for Tomorrow. I knew I had the ability to run a business and I wanted to put my energy into helping people who were in the same situation as David. I have to admit I didn't really have the experience needed to start and run a charity but, after what we had been through, I knew in my heart that I wanted to ease the long and often difficult travelling times for cancer patients. I didn't know how to do that, and we tried a few different projects, but it wasn't until 2006 when I met Dr Sean Elyan that the idea of the Mobile Cancer Care Unit (MCCU) Project (previously known as Mobile Chemotherapy Unit Project) was born.

At our first meeting, I explained to Sean about wanting to ease some of the stress associated with travelling for treatment and he told me of his dream to take chemotherapy closer to patients' homes - it was a 'light bulb' moment. Putting our vision together enabled us to build the world's first MCCU which our Patron Sir Stirling Moss launched on 14th February 2007.

The rest is history with ten units now being operated throughout the country and two reserve MCCUs that allow us to sustain a reliable service for each of our NHS trusts.

The most important part of the project is the wonderful words we receive from patients thanking us for bringing their cancer care closer to home. We had one mother who said being treated on the MCCU gave her more 'mummy' time as she was able to collect her children from school. Another patient wrote that she had woken up feeling a little low but after being treated on the MCCU, where she was 'cradled in care'; she felt she could fly again. The words mean so much to us all, it's the reason we began and it's the reason we will keep on going.

PATIENT

I started my journey as a patient a few years ago when I too was diagnosed with cancer.

There have been times in those years which have been difficult but overall they have been good and they have given me a greater understanding of just how important it is to be cradled in care. I am now due to start a new treatment and, although I will be working as much as I can, I may not be in the office full-time.

I am incredibly lucky that Hope for Tomorrow has grown into a dedicated and passionate team who I know I can rely on and whose support is unwavering. As I have always said, "You cannot have a dream without a team."

Thank you all again for your continued support to Hope for Tomorrow.

Best wishes

Christia

Christine Mills MBE Founder and Trustee



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Charity Update

Well, we can't be accused of standing still at Hope for Tomorrow.

There have been so many exciting developments and events since our last newsletter and we hope you will enjoy reading about them.

It's now over 10 years since Hope for Tomorrow started bringing cancer care closer to patients' homes. During that time, our services have expanded and we now offer much more than just chemotherapy. To reflect this change, we've now decided to call our vehicles Mobile Cancer Care Units (MCCUs) rather than Mobile Chemotherapy Units.

As well as increasing the services available on board our MCCUs, we are extending our network geographically. Our newest MCCU will be based in Airedale, Yorkshire, and we hope to be launching this autumn.

Thank you again to all our supporters, fundraisers, volunteers, patrons, trustees and staff. Without you, the wheels would grind to a halt!



















More than just Chemotherapy

We don't rest on our laurels here at Hope for Tomorrow. Although our charity has gone from strength to strength in bringing chemotherapy closer to our patients' homes since it was founded in 2007, we want to continue improving our services.

One of our recent innovations is a move from providing just chemotherapy on our units to offering other cancer care treatments including blood transfusions, injections and PICC line flushing. To reflect this change, we have decided to rename our Mobile Chemotherapy Units

Supporting The National Health Service is turning 70 on 5 July 2018. It's the perfect opportunity to celebrate the achievements of one of the nation's most loved institutions, to appreciate the vital role the service plays in our lives, and to recognise and thank the extraordinary NHS staff – the everyday heroes – who are there to

guide, support and care for us, day in, day out.

We are proud to partner with each of our NHS trusts and look forward to celebrating this significant birthday with them.

Where we operate

We are currently in operation in 10 locations nationwide with our 11th due to launch in Airedale in the Autumn!



MOBILE CANCER CARE UNIT 1

Heading to Yorkshire

We are proud to announce that our next MCCU will be launched in partnership with Airedale NHS Foundation Trust. This trust cares for over 200,000 people from a wide area covering 700 square miles within Yorkshire and Lancashire. The region encompasses the Yorkshire Dales and the North York Moors National Park, as well as north Bradford and Guiseley in West Yorkshire and extending into Colne and Pendle in east Lancashire.

The MCCU is set to be launched this autumn so please look out for updates on our website and social media over the coming months.



This is the seventh MCCU of which the capital costs have been funded by The Mark Benevolent Fund. On behalf of all patients, we are so grateful for their ongoing support.

New body needed

Regular readers of our newsletter will know that we have recently run an appeal for a new body for 'Bumble', our MCCU based in Somerset. Following this successful appeal, 'Bumble' will have her new body built this summer.



Our fundraising commitments never end and it's now the turn of 'Caron', our East Kent MCCU. She has been operating across her region for nearly 5 years and has

so far saved over 290,000 miles of travel for patients along with over 20,000 hours of their time spent travelling or waiting for treatments. With over 4,500 treatments administered on board, 'Caron' is in need of an upgrade and we are going to be launching the appeal this summer 2018, with the aim of achieving our £175,000 target by the end of 2019. Keep watching our website and social media for updates!

Welcome Jennifer – our new reserve MCCU

We all wonder what we'll do if our car s out of action for a few days. Well, we're faced with a similar issue here at Hope for Tomorrow – how do we keep the wheels turning when one of our Mobile Cancer Care Units (MCCUs) is in need of routine maintenance or repairs? We know how dependent our patients are on receiving their treatment and for this reason, we now have two reserve MCCUs to ensure continuity of service.

In January, we celebrated the launch of 'Jennifer', our second reserve MCCU. Joining our first reserve unit, 'Teddy', the two MCCUs will allow us to keep providing cancer care for patients closer to their homes while we maintain and repair our 10 regular MCCUs. It costs us over £70,000 per year to keep each MCCU on the road.

We are grateful to the Estate of Derek Jim Bullivant for funding 'Jennifer'. She was named in memory of Jennifer Nicholson, wife of the estate's Chair. Brian Nicholson.

'Jennifer's' busy schedule will be taking her to Somerset this summer where she will be providing 3 months' cover while 'Bumble', our regular MCCU, undergoes a major rebuild.



West Suffolk 'Frisbey' Update

Our MCCU in West Suffolk 'Frisbey' visits Stowmarket, Newmarket, Sudbury and Thetford on a weekly basis.

Huge congratulations are due to our NHS Partners at West Suffolk Hospital who have been rated as 'outstanding' following their Care Quality Commission (CQC) inspection.



Well done everyone for being recognised for your hard work and dedication to patients.





What attracted you to the role of a MCCU driver?

I always tell people this is the job I'd always looked for although I never knew existed. I have spent my career working in the road haulage industry and I felt that I needed to do more with my life. I wanted to work for the NHS and when I saw the MCCU driver's job advertised I knew it was the job for me!

Take us through your work with the MCCU Project...

I drive to the locations, set up and clean, and then meet and greet the patients and make drinks. I talk to patients a lot and quite often collect them as well. Sometimes I return to the hospital for additional items. At times, patients feel that the nurses are too busy to answer questions so they ask me. Then, if they don't raise them with the nurse treating them, I will prompt them into asking – like breaking the ice - and I'm often repaid with a hug!

What benefits do you see for patients using the MCCUs?

A reduction in: Costs for fuel and parking, stress, travel and asking for lifts.

The benefit of: Gaining more time with no waiting and in and out for appointments, and of course my tea.

What do you enjoy most about being involved with the MCCU Project?

I really love getting to know people and

hearing their stories. This job has given me back my faith in humanity and in the strength of human nature. I've also done some fundraising for Hope for Tomorrow and it fills me with pride explaining to members of the public what the charity does and my part in it.

What has been your stand-out moment working on the MCCU?

We had a gentleman with us a while back, who had carried on working after retirement. When he did finally retire, he fell ill with cancer. His wife told me he had become depressed. I made a real effort trying to engage him in conversation over several weeks. Finally, after about a month, he opened up and smiled. His wife told me she hadn't seen him smile in months. That gent will stay with me forever!

Gavin &



Help us to Keep the Wheels Turning

There are many ways in which you can play a part in keeping the wheels turning on our

Mobile Cancer Care Unit Project.

Here are just a few to inspire you:

Support our appeals – donate today!



This summer, we for a new body for MCCU (see page 7). Continuing our ongoing programme



Each patient treatment administered on board our MCCUs costs the charity approximately £40. Please help us to keep the wheels turning and donate today.

This is our flagship appeal to fund the whole charity, helping us to cover our fleet management and development costs, ongoing maintenance and repairs for each MCCU. Designed to ensure that we continue to deliver cancer care long into the future and to enable us to continue to develop and innovate.

will be launching the appeal to fundraise Caron, our East Kent

of body replacements on our older vehicles, the total cost will be £175,000 for the rebuild.

Although Caron's chassis is still working well, her body - the clinical area for patients - needs to be upgraded. This work will take approximately 3 months and during this time, one of our reserve vehicles will be deployed in the area to ensure the service is not interrupted.

Watch out for further updates on our website and social media.

We are raising funds to buy Caron's new body. If for any reason we can't buy the new body, or there are surplus funds left over following the purchase of the new body, we will use the money to keep the wheels turning across our fleet of Mobile Cancer Care Units. Thank you for your support.

Fundraise for us!



Challenge Yourself

Are you looking to try something new and exciting and want to push yourself to your limit? We may have just the answer. We have numerous challenges

including half and full marathons, cycles, treks, wing walks, skydives and many more.

Whether this is your first time or you are a regular enthusiast for these events, it is a great way to get out of your comfort zone, have fun and make some great memories.

These are life-changing challenges in which you will meet like-minded people and make great friends, all while raising funds and awareness for a great cause.

Get in touch today and start your challenge event experience.

"Twenty years from now, you will be more disappointed by the things you didn't do than by the ones you did do." Mark Twain



Hold a picnic event for us

National Picnic Week is taking place from 15th to 24th June 2018 so why not celebrate this by getting together with friends, family and office colleagues for a spot of picnicking, all while

raising funds for a great cause.



Whether you choose to do this alfresco style, at school or college, or in the office at work, this is something everyone can get involved in.

Download our pack which will give vou more information on ideas. picnic spots, checklists and much more!

Volunteer for us!

We are always looking for volunteers in a variety of roles from head office support through to event helpers. We couldn't do what we do without our wonderful volunteers. Please get in touch and we will provide you with a volunteers' pack containing all the information you need to sign up.

For full details of our appeals, please contact us today on 01666 505055 or alternatively info@hopefortomorrow.org.uk

Help us to Keep the Wheels Turning



How to donate

No matter how large or small, all of your donations play a vital part in helping us bring cancer care closer to patients. Below are just a few ways of donating but please visit our website to see alternative suggestions. Thank you for your support.

Become a regular giver

Regular gifts can help us plan for the future and ensure that money is available where it is needed most. Having a reliable, steady income is essential for us to keep the wheels turning. Regular giving through your bank via a direct debit could not be easier to set up, so please visit our website and click on the donate button and follow the simple steps.

Our regular gifts scheme is operated by Gocardless.

Make a single gift donation

Big or small, every single gift you give can help us keep the wheels turning. With each patient treatment costing the charity £40 every donation helps us continue to bring cancer care closer to patients homes.

TEXT:

To donate £5 text HOPE to 70660

Text costs **£5** plus your network charge. Hope for Tomorrow receives **100%** of your donation but pays a small monthly fee to the text donation supplier. Please obtain the bill payer's permission. Customer care **01666 505055**.

ONLINE: Using your credit or debit card please visit our website and click on the donate button. All major credit cards accepted except Diners.

PHONE: All major credit cards accepted except Diners. Please telephone us on 01666 505055 to make a donation.

POST: You can download a donation form on our website to make a donation by post or simply send a cheque or postal order to our address on page 20. Please makes cheques and postal orders payable to **Hope for Tomorrow**.

DON'T FORGET TO GIFT AID!

By adding Gift Aid to your donation, we will receive an additional 25p for every £1 donation at no extra cost to the donor. If you donate by text or online, there is a step by step process in which you can choose to Gift Aid. If you donate by post, you can request a Gift Aid form from our Head Office, please contact us today see contact details on page 20.



Stock up on Hope for Tomorrow merchandise and brand yourself up!

Spreading the word about what we do and who we are is priceless so why not help out by wearing or using Hope for Tomorrow merchandise? Here is a selection of items we currently have available but we will be adding to these, so keep an eye on our shop section on our website and follow the easy ordering process.

Mugs £4
Rainbow Socks £5
T Shirts £10 £3.99 for PeP

Hope for Tomorrow

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For the price of a cup of coffee

Most of us don't think twice about buying ourselves a cup of coffee or treating ourselves to a glass of wine...or whatever takes our fancy. But did you realise that if you regularly donated the same amount of money — say £10 a month - to Hope for Tomorrow, it could make all the difference in helping us to keep the wheels turning on our MCCUs?



£3 a month

£3 a month could cover the costs for one of our alarmed medical fridges for one week



£5 a month

£5 a month could cover the costs for one of our Nurses Support Vehicles road tax for 2 weeks



£10 a month

£10 a month could cover the costs for an MCCU body maintenance contract for one day



Many people are surprised to discover that we don't receive any funding from the government and, like other businesses, bills routinely pop through our letterbox. Consequently, we have to be proactive in raising funds all the time to ensure the continuity of our successful service. And that's why regular giving from our supporters is so important. It provides us with a predictable income stream that allows us to maintain our existing MCCUs, plan for the future and continue to innovate.

We really respect the generosity of our supporters who make a regular commitment to donate to Hope for Tomorrow and each donor becomes an automatic member of our Club Hope.

We hope you too will consider becoming one of our loyal band of regular givers. Every donation helps us to keep the wheels turning and all for the price of a cup of coffee.

Regular giving is easy to organise using our direct debit system:

- Go to our website www.hopefortomorrow.org.uk and click 'Donate' or
- Call us on 01666 505055 or
- Email us at info@hopefortomorrow.org.uk

Hope for Tomorrow Takes to the Skies!

It was a fantastic day for our charity with our first ever wing-walking fundraiser on Monday 21st May 2018.

Launching the start of our charity challenge events, the sun shone down as daredevil participants took to the skies two by two, reaching up to a height of 1000ft, lasting six minutes each as they flew over Rendcombe Airfield Cirencester, all in aid of fundraising to keep the wheels turning on our Mobile Cancer Care Unit (MCCU) Project.

A total aim of raising £24,000 which equates to 600 patient treatments has been set for the team and so far they have hit 72% of the target.

The day was split into morning and afternoon sessions with the youngest participant being 19 year old Sebastian Bell who flew with his father Derek Bell MBE, charity patron and the oldest, a long standing supporter of the charity, 84 year old Suzanne Barr.

There were 10 participants in total and we would like to say a huge thank you to them all for taking part and fundraising!

The day was so successful that next year's event has already been booked for Tuesday 21st May 2019 with some so keen, they have already signed up to take part. If this sounds like something you would like to take part in, or take part in a challenge closer to the ground, please do get in touch with us on 01666 505055 or alternatively via email info@hopefortomorrow.org.uk









Legends of Le Mans Dinner 2018 - a roaring success



The Telegraph MotorSport

We are thrilled to announce our Legends of Le Mans Dinner this year was a roaring success, taking place on 17th May 2018 at The Royal Automobile Club, Epsom Surrey. The evening was a flurry of fast cars, racing stars and guests who had all come together to celebrate the world's most famous endurance race, the 24 Hours of Le Mans. The event, now in its 5th year, has so far raised in excess of £220,000 for our charity and helping us to keep the wheels turning on our Mobile Cancer Care Unit (MCCU) Project, with each patient treatment administered on board costing the charity £40, this event is an important way to help keep the wheels turning.

Taking place at the prestigious Royal Automobile Club in Epsom, Surrey, this provided a perfect backdrop to showcase the iconic Le Mans racing cars which included the Porsche 962 C, D Type Jaguar OKV 1, Original Works Gulf Ford GT40 and many more.

Over 250 guests mingled with Le Mans royalty, including charity patrons Derek Bell MBE, David Richards CBE and Martin Brundle amongst many others.

Ford had kindly sponsored the event for the third consecutive year and the illustrious group of drivers were joined by Edsel Ford II who had flown in from America especially for the event.

Rothmans (7)

Drivers were interviewed throughout by motor racing journalist Simon Taylor telling tales and anecdotes from their time at Le Mans.

A big thank you to Rachel Stokes, a patient from our West Suffolk MCCU 'Frisbey', who came along to the event and spoke about her time on board whilst having her treatment.

Good luck to all teams and drivers taking part in this year's race which takes place on Saturday 16th and Sunday 17th June.



We have had two fantastic prizes donated to us by supporters who attended our Legends of Le Mans dinner this year. We are looking for sealed bids for these two amazing prizes:

Trip to Le Mans 2019

- Return flight to Le Mans from Gloucester in a 8 seater plane.
- Dates Saturday 15th Sunday 16th June 2019
- Accommodation at the famous Hotel de France
- Paddock passes and entry for 8 people

A not to be missed opportunity. Please contact Emma Bowles for full details or to submit your bid on:

01666 505055 or alternatively via info@hopefortomorrow.org.uk

2 Tickets to the F1 Grand Prix Ball

Wednesday 4th July 2018, The Hurlingham Club, London

Worth approximately £500 each, this event is not to be missed for any Formula One fan. Please contact our events team on:

01666 505055 or alternatively via info@hopefortomorrow.org.uk

The deadline for submissions is 20th June 2018.

Supporters in the spotlight

With more MCCUs across the country, our fundraising network is spreading. Here is a selection of our regional news, with many more stories featured on our social media pages. Thank you to everyone for their tireless fundraising.

East of England

Lioness President Dorothy Marshall and members of the Lioness Club Thetford (Breckland) presenting their very generous £1,500 cheque donation to HfT Regional Fundraiser Dawn Osko MBE following a talk about the work of our Mobile Cancer Care Units. The Lioness Club is pleased to support our West Suffolk unit which visits Thetford every Friday, bringing cancer treatment closer to patients' homes. Thank you to all for your invaluable support.



South West

In a bid to fundraise and create awareness for our charity, we have three (willing) volunteers who have signed up to take on the 100-mile Prudential RideLondon – Surrey route on 29th July 2018.

Laura Roberts, Mark Carter and previous Hope for Tomorrow (HfT) challenge event participant, Stephen Bawtree, will be cycling the famous route through from the capital city starting at Queen Elizabeth Olympic Park, following a stunning countryside route into the depths of Surrey. The



route has become a legacy in itself following the world's best cyclists tackling it for the 2012 Olympics.

Laura Roberts has been a supporter of the charity for a number of years now. Our South Wiltshire Mobile Cancer Care Unit (MCCU) was named 'Kayleigh' in memory of her dear friend Kayleigh who sadly lost her battle with cancer seven years ago.

Mark is Laura's fiancé and the pair will be getting married during their training time for Prudential. He is already a keen cyclist and has taken part in challenges previously but this will be his toughest one yet.

Stephen Bawtree is a great supporter to us here at HfT and is no stranger to being strapped up into the cycling saddle! Last year he took on the mighty challenge and cycled Lands End to John O'Groats as well as raising a fantastic £7,500 for us!

www.justgiving.com/fundraising/laura-roberts49

We hope you join us in wishing the three the best of luck and we can't wait to hear how you're all getting on in your training. Please support them by visiting the above page and making a donation.

Thank you for your incredible support #TEAMHOPE

East Midlands

On Saturday 12th May in the small Lincolnshire village of Langton-by-Spilsby, a Plant and Gardening Fair was organised by Shirley Whitworth and her husband Ian. They thought it would be a great idea to get all the residents of their village working together to create a community event. This involved growing as many plants as possible, baking cakes, making jam, marmalade and chutney, and donating tombola prizes. Numerous local businesses gave their support with donations of plants and



competition prizes. One competition prize was a donated wheelbarrow which they filled with over £60 worth of donated gardening items,. They were thrilled when a local lady currently undergoing cancer treatment won it.

Shirley and Ian raised £500 for Hope for Tomorrow which was a fantastic achievement – well done!

South East

After seeing Caron, our East Kent MCCU, in the Tesco car park at Cheriton, Oleia Leclercq did some research on Hope for Tomorrow and wanted to help. Oleia runs the monthly Collective Market at Dover Port Terminal 1 and selected Hope for Tomorrow to be the Charity of the Year. Oleia says 'I unfortunately experienced the ravages of cancer when my sister was diagnosed 4 years ago. She is now clear of the disease but, sadly, other friends have been affected and I feel somewhat powerless. I cannot afford to give much myself all the time, so if I can support the charity by having you at my lifestyle market events and make that bit of difference, I'm game!'





National

Veloce is the most exclusive track day in the calendar and you are invited to join us as one of just 70 guests on Wednesday 26th September 2018. This is an opportunity to be driven around Goodwood Motor Circuit by Derek Bell, Gerhard Berger, Andy Wallace, Susie Wolf and many more in some of the most iconic road and racing cars ever built.

H.R. Owen will be bringing modern Ferraris, Lamborghinis and Maseratis for guests to test drive them through the paddock for an unforgettable experience.

Only 20 tickets are available at £1,500 each, of which 50% of donations will be donated to Hope for Tomorrow. Book now by calling Lisa on 01635 867705 or email lisa@v-management.com for more details.