



# Hope for Tomorrow

Bringing cancer treatment closer to home

---

## issue 10

April 2013

---

## 6,000

We anticipate that in 2013 we will give over 6,000 treatments

---

## 240,000

We anticipate that in 2013 we will save over 240,000 miles of travel

---

## 260,000

is the cost of each Mobile Chemotherapy Unit and maintenance for 3 years



---

### Smarter ways to fundraise

Here at Hope for Tomorrow HQ, we've been investigating different and ingenious ways of raising money  
**Page 2.**

---

### Events to look out for

On **Page 5** you'll find a few events coming up that we're involved in that will hopefully appeal to the whole family.

---

### Our expansion project

Turn to **Page 7** to find out more about our Mobile Chemotherapy Unit expansion project.

# Dear supporter

We are already into the 4th month of our 10th Anniversary Year and it has been an amazing start to 2013. We have seen such incredible generosity from both new and existing supporters. As the summer approaches, we see the start of our charity events and other major sporting attractions, where Hope for Tomorrow is the beneficiary.

Best wishes,  
Christine Mills MBE  
Founder & Trustee

---

## 10

years since the charity began

---

## 4

Mobile Chemotherapy Units in operation

---

## 4,500

treatments have been given

---

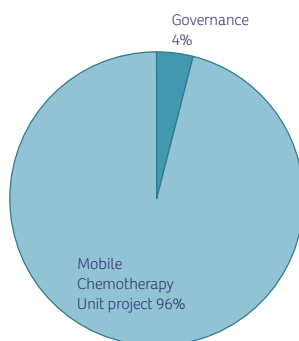
## 130,000

miles that patients and their carers have saved

---

### How much of your donation goes towards our cause?

We feel it's important that our supporters know how much of their donations go directly towards our Mobile Chemotherapy Unit project. As a small charity we are proud to say that only 4% of the charity's income is spent on governance and support costs. Therefore 96p of every £1 goes towards charitable purposes or the capital costs of new and replacement Mobile Chemotherapy Units.



---

### Smarter ways to fundraise

As we rely on voluntary donations, we have started to think of different and interesting ways to raise money for our Mobile Chemotherapy Unit project.

Ebay it

It is the time of year when people clear out their cupboards, empty their wardrobes and have a good old fashioned 'Spring Clean'. We have registered with Paypal Giving Fund UK (formally Mission Fish), a registered charity which certifies charities to participate in the 'eBay for Charity' programme, and collects donations from eBay and PayPal users and sends it directly to the specified charity.  
[paypalgivingfund.org.uk](http://paypalgivingfund.org.uk)

Recycling

Most people have old mobile phones and ink cartridges lying around the house, but these can in fact raise money for your chosen charity. Recycle 4 Charity will send you freepost recycling bags and free collection boxes in order to send back your items.  
[recycle4charity.co.uk](http://recycle4charity.co.uk)

---

"I use the Gloucestershire Mobile Chemotherapy Unit and it's so convenient. You're treated on time and the staff are very knowledgeable and caring. We always have a great conversation, which makes the treatment time seem shorter. I hope I can continue my on-going treatment on the Unit."

Julie Jones, Stroud

---

## Volunteering at Hope for Tomorrow

On average, two fifths of adults volunteer formally once a year. We are extremely grateful to all our volunteers - from drivers to admin assistants - who work tirelessly to help keep Hope for Tomorrow running smoothly. We are currently looking for 'Community Champions' to go and spread the word about what we do. Some of the main job aspects would be:

- To aid the Hope for Tomorrow team in promoting the charity's aims
- To represent the charity at a range of occasions and community events
- To distribute information to local companies, schools, surgeries etc
- To seek out new marketing and fundraising avenues in the area

Having supporters out in the community can make a huge difference to us as raising awareness is as vital as raising funds. If you, or anyone you know might be interested in becoming a 'Community Champion' then please contact Rosa Woodley in the office.



Clive Goodfellow (left) with another volunteer Alastair Murchie at a fundraising event in Andover.

---

## Hope for Tomorrow Volunteer Driver - Clive Goodfellow

Clive Goodfellow has been a Volunteer driver for Hope for Tomorrow since May 2010. He has driven the Mobile Chemotherapy Units on a variety of occasions, including to fundraising events, to locations for the NHS Trusts to view, to supermarkets when the charity has been invited along and even to a photo shoot, which took place on both Minchinhampton Common and in the village of Cherington.

Clive says "I would really recommend volunteering as a driver for Hope for Tomorrow. When I'm providing cover for an NHS Unit Driver I see the benefits the Unit has for the patients and when driving the Units for the Charity, I have had some very interesting and rewarding days."

---

## NHS Volunteer Driver - Dick Parr

Dick drives the Taunton and Somerset NHS Mobile Chemotherapy Unit named 'Bumble'. He has been in the position since December 2010 and works hard to keep the service on the road.

He has lots of driving experience and has also driven articulated tankers and other HGV's and therefore had no hesitation in offering to work on the Mobile Chemotherapy Unit. His daily routine includes driving to West Mendip Hospital, Wells, Bridgwater Hospital and also from early March, Minehead Hospital.

"It gives me great satisfaction to help both the nurses and the patients and to think that because of the Unit, the patients don't have to travel long distances over winding roads to have their treatment."



Pictured above: Dick outside the Somerset Mobile Chemotherapy Unit 'Bumble'

---

# Supporters in the spotlight

---

## Dursley Male Voice Choir

On Saturday 23rd March, the Dursley Male Voice Choir performed a magnificent concert in aid of Hope for Tomorrow. Also performing was Wynne Evans, the Welsh tenor who is known for being the face and voice of the advert comparison website GoCompare.com, playing the flamboyant character 'Gio Compario'. They sang a variety of songs from 'You Raise Me Up' to 'Love Changes Everything' and Wynne even performed 'The Lord's Prayer' in Welsh. It was a memorable evening for everyone involved, with supporters coming from all over Gloucestershire.



Wynne Evans and the Dursley Male Voice Choir performing at Cheltenham Town Hall for the concert in aid of Hope for Tomorrow

---

## Forest Hills Golf Club Ladies Team

During 2012, Hope for Tomorrow were nominated as a beneficiary for the Lady's Team at Forest Hills Golf Club in Coleford, Gloucestershire. Gill Potts, the Lady's Captain, organised a variety of events including their successful Christmas Bazaar to raise funds. The grand sum of £954.48 was raised, which was fantastic and we'd like to say a big thank you to the Golf Club and everyone involved!

---

## The Diving Bells!

John and Mary Bell, who live in Devizes, Wiltshire, have bravely decided to jump out of a plane in support of our 10th Anniversary! As soon as they heard that we were looking for people to skydive for us, they wanted to sign up. John is Deputy Provincial Grand Master for the Mark Master Masons of Wiltshire who have been extremely supportive of the charity and also of John and Mary's skydive. John says "When we first learnt of Hope for Tomorrow, Mary and I were moved by the hopes and aspirations of the charity. We realised that the vehicles were able to help alleviate some of the problems experienced with chemotherapy treatment".



Pictured is Mary and John Bell at the Hope for Tomorrow office in Gloucestershire

---

# Events

Pictured below: the last world record attempt for the greatest number of Porsches on a circuit

---

## Royal International Air Tattoo

20th-21st July

The Royal International Air Tattoo held at RAF Fairford, Gloucestershire, is the world's largest military airshow. Over the years it has gained the well-earned reputation as one of the UK's top outdoor family events, drawing in 150,000 to 160,000 spectators over the weekend. This year, we are delighted to be involved with the Vintage Village section of the event - more details on this coming soon! We'll also be taking one of our Mobile Chemotherapy Units. If you would like to come along, tickets are £45.00 per day, or £75.00 for a weekend ticket and kids go absolutely free! They can be purchased through the the website ([www.airtattoo.com](http://www.airtattoo.com)).



Photo of the Red Arrows doing a display at a previous Royal International Air Tattoo



---

## Silverstone Classic

26th-28th July

The Silverstone Classic is an annual three-day car and race event at the UK's Silverstone circuit, home of the British Grand Prix. In celebration of the Porsche 911's 50th Anniversary, they will be aiming to parade 911 Porsche 911's round the track. If they are successful, it will be a World Record. In partnership with Porsche Club GB, we are lucky enough to be involved in the parade and all donations will be coming to us. There is lots to do and see over the weekend, so even if you're not car mad, it promises to be a great event!

---

## Badminton 10k Run

15th September

Places are filling up for our 10k run through Badminton Park in September, so if you'd like to take part please visit the DB Max website ([dbmax.co.uk](http://dbmax.co.uk)) and click on the Hope for Tomorrow 10k Run link. Whether you're a keen runner, a first timer or you'd simply like to stroll round the grounds, there is the option to do so. Each participant will be treated to a goody bag on completion and The Cotswold Academy of Health and Beauty will be providing massages for those weary legs!

### 3 consultants, 3 mountains, 24 hours!

Appoint Recruitment have nominated Hope for Tomorrow as their Charity of the Year and they are taking to the mountains to raise funds for us. In an energetic fundraiser Appoint's Katherine Ashman, Rowena Smyth and Karen Everett will don their walking boots and brave the 3 Peaks Challenge, requiring participants to climb the highest mountains in Scotland (Ben Nevis), England (Scafell Pike) and Wales (Snowdon) all in 24 hours! The challenge takes place on the 4th May – good luck girls and a big thank you for choosing Hope for Tomorrow.



The Appoint ladies proudly wearing their Hope for Tomorrow T-shirts at their office in Bath



Here is Tim training for his Ultramarathons this year in his personal challenge to raise £2,000 for Hope for Tomorrow

### Fidelius's ultra marathon man

Tim Lambert, of Bath based property investment firm Parallel Capital Ltd, part of the Fidelius Group, is preparing to run three gruelling Ultramarathons in a bid to raise £2000 for us. An ultramarathon is any distance further than the marathon, but usually 50 or 100 miles, typically held on cross country courses. Tim will be tackling the North Downs Way 50 Mile Ultramarathon on the 18th May, the North Downs 100 on the 10th August and the Brecon Beacons Ultra (46 miles) on the 16th November. Tim says "I want to face big challenges that push me physically and mentally to my very limits. In the process, I'll be raising money for Hope for Tomorrow's extremely worthy cause, which will really help spur me on." Thank you to Tim and the best of luck!

## Corporate support

### Pendragon's TOP GUN awards are a success

Each year our corporate partner Pendragon PLC holds an award ceremony for their staff at Evans Halshaw, Stratstone and Quicks. During the evening, the guests play a game of 'Heads & Tails' where each player pays to enter for the chance of winning a prize. This money was donated to us and the three events raised a total of £6781.72 which was absolutely fantastic. We'd like to take this opportunity to thank all the staff and team members for such wonderful evenings.



Above: the winners in front of a Hope for Tomorrow Mobile Chemotherapy Unit



---

# Our expansion project

---

## NHS Somerset launches new location

Our second Mobile Chemotherapy Unit was launched by Patrons Sir Stirling Moss and Lady Susie Moss in December 2010, and was named 'Bumble' in memory of Stirling's late mother in law, who sadly lost her battle with cancer. The Unit visits West Mendip, Bridgewater and now Minehead too.



One of our Mobile Chemotherapy Units travelling through a rural village

---

## Stop press!

Hope for Tomorrow's fifth Mobile Chemotherapy Unit is about to be allocated to an NHS Trust in England. We have seen a significant increase in interest from Trusts across the UK and plans are now well underway to launch two brand new Mobile Units this year. Watch this space for news on where the next Unit will go!



Runners completing the Malmesbury Half Marathon, just one of the events Mayor Ray Sanderson put on to raise money for us

---

## Wiltshire Mobile Chemotherapy Unit comes to Malmesbury

On Thursday 30th May, the Wiltshire Mobile Chemotherapy Unit (operated by GWH Swindon NHS Foundation Trust) will be coming to Malmesbury. This is fantastic news for Malmesbury residents, including Mayor Ray Sanderson who chose Hope for Tomorrow as his Charity of the Year for 2012. Ray says: "To be told that the MCU is to come to Malmesbury once a week is one of the best pieces of news I have received during my Mayoral year. Having experienced the trauma of my wife Margaret having chemotherapy treatment twice over the last 12 years and the distances she had to travel to the RUH in Bath for it, this unit can only be an asset". The Wiltshire Mobile Chemotherapy Unit will be on show from 3:00-4:00pm after the launch to any members of the public who wish to come along to see it and meet the team.

---

## Valerie Hughes

Valerie is a patient using our Mobile Chemotherapy Unit in Shaftesbury. She says: "It was wonderful to only have to go 5 minutes to the local doctors' car park rather than the journey of 45 minutes to the hospital. Instead of being away from home more than half a day I was home in less than 2 hours. It was good to meet other local people on treatment and the staff were as always wonderful - it was stress free.

The biggest saving is time, and time is so precious when you feel unwell. This is a wonderful project and very exciting for the future."



Valerie received her first treatment in February and will need to use the Mobile Chemotherapy Unit in Shaftesbury once every month

---

## Fundraising in the community

Recently we have been extremely lucky to benefit from a number of community fundraising schemes, such as Waitrose's 'Community Matters' and ASDA's 'Green Tokens'. We have also now discovered the brand new Nationwide initiative 'Nominate a Charity', which invites members of the public to put forward a charity of their choice. Three will be selected and advertised in store for the chance to win a donation from the Building Society. If you have a Nationwide, Waitrose, or ASDA near you, then we'd really appreciate your nomination!



Pictured above: Yvonne Nicholson, The Community Life Champion at Asda far left and Claire Cosgrove, Trust & Corporate Fundraiser at Hope for Tomorrow second in from the right, with members of the team at Asda



To find us on Facebook and Twitter, go to our website [www.hopefortomorrow.org.uk](http://www.hopefortomorrow.org.uk) and click on the icons you see above

---

## Keep up to date

If you have a Facebook, Twitter or YouTube account, why not follow us? We'll keep you up to date with all our news, as and when it happens. You can also spread the word about what we do by encouraging your friends and family to like us too! We also update the news and events page on our website on a regular basis, so if you fancy seeing what we're up to, then please take a look.

# Find out more

Hope for Tomorrow is a national charity dedicated to bringing cancer treatment closer to patient's homes. Our Mobile Chemotherapy Units reduce long distances of travel, waiting times and help avoid the stresses and strains of busy Oncology Centres.

---

## Contact us

There are many ways you can get in touch! We like to keep our supporters up to date with our progress, but we also aim to keep our overheads to a minimum to ensure the majority of donations go towards our Mobile Chemotherapy Unit project.

---

## Phone

01666 505055

---

## Post

Hope for Tomorrow  
Upton Lodge, Upton, Tetbury,  
Gloucestershire, GL8 8LP

---

## Online

Visit our website at  
[hopefortomorrow.org.uk](http://hopefortomorrow.org.uk)